

## FAHIMA MOHIDEEN

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### *Education*

- 2019 – **Ph.D., Psychology (Social)**  
Rutgers University – Newark
- 2019 – 2021 **M.A. Psychology**  
Rutgers University - Newark
- 2015 – 2017 **M.Sc., Applied Psychology**  
Pondicherry University, Puducherry  
Dissertation: *Caste and microaggression: An inquiry into Dalit experiences*
- 2012 – 2015 **B.Sc., Psychology**  
JBAS College for Women, University of Madras, Chennai
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### *Publications*

- Heintzelman, S. J. & **Mohideen, F.** (2022). Leveraging the experience sampling method to study meaning in everyday life. In *Cultivating, Promoting, and Enhancing Meaning in Life Across Cultures and the Life Span*. Atlantis Press.
- Mohideen, F.** & Heintzelman, S. J. (2022). Routines and Meaning in Life: Does Activity Content or Context Matter? *Personality and Social Psychology Bulletin*.
- Heintzelman, S. J., **Mohideen, F.**, Oishi, S., & King, L. A. (2020). Lay beliefs about meaning in life: Examinations across targets, time, and countries. *Journal of Research in Personality*, 88, 104003.  
<https://doi.org/10.1016/j.jrp.2020.104003>
- Kumar, A. & **Mohideen, F.** (2019). Strengths-based positive schooling interventions: A scoping review. *Contemporary School Psychology*. <https://doi.org/10.1007/s40688-019-00260-1>
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### *Oral Presentations*

- Mohideen, F.**, Thangal, J. (January, 2019). *Caste and microaggression: An inquiry into Dalit experiences*. Paper presented at the 4th International Conference on Counselling, Psychotherapy, and Wellness, organised by the Ontario Institute for Studies in Education and CHRIST (Deemed to be University), Bengaluru.
- Kumar, A., & **Mohideen, F.** (January, 2019). *Flourishing through character strengths: A conceptual positive schooling model*. Paper presented at the 4th International Conference on Counselling, Psychotherapy, and Wellness, organised by the Ontario Institute for Studies in Education and CHRIST (Deemed to be University), Bengaluru.
- Kumar, M., **Mohideen, F.**, & Sathyanarayanan, P. (January, 2016). *Moral education and peer influence: A vehicle for moral development*. Paper presented at the Fourth International Conference on Psychology & Allied Sciences of Indian Association of Health, Research and Welfare, Goa.
- Mohideen, F.**, & Kumaresan, V. (December, 2014). *Deprivation – Being homeless: It's effect on adolescent children*. Paper presented at the National Young Psychologist Paper Presentation Competition at Christ University, Bengaluru.
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### *Poster Presentations*

- Mohideen, F.** & Heintzelman, S. J. (February, 2022). *Moving from Perceived Injustice to Collective Action: The Role of Meaning in Life*. Poster presentation at the SPSP Annual Convention.

- Mohideen, F.** & Heintzelman, S. J. (August, 2021). *What Will Upward Social Mobility Be Like? Motives and Forecasts of Well-Being and Meaning in Life*. Poster presentation at the SPSSI 2021 Virtual Conference.
- Gomez, B. N., **Mohideen, F.**, & Heintzelman, S. J. (April, 2021). *The Pursuit of Happiness During COVID-19: Perceptions of Positive Psychology Interventions During the Pandemic*. Poster presentation at Rutgers University - Newark Research Week.
- Oyeshee, E., **Mohideen, F.**, & Heintzelman, S. J. (April, 2021). *When is Pursuing Happiness Worth It? Perceptions of Happiness Interventions Across Socioeconomic Levels*. Poster presentation at Rutgers University - Newark Research Week.
- Mohideen, F.** & Heintzelman, S. J. (August, 2021). *What Will Upward Social Mobility Be Like? Motives and Forecasts of Well-Being and Meaning in Life*. Poster presentation at Rutgers University - Newark Research Week.
- Mohideen, F.** & Heintzelman, S. J. (February, 2021). *What makes routine enactment feel meaningful? Examinations of activity content and context*. Poster presentation at the SPSP Annual Convention.
- Mohideen, F.** & Heintzelman, S. J. (February, 2021). *What Will Upward Social Mobility Be Like? Motives and Forecasts of Well-Being and Meaning in Life*. Poster presentation at the SPSP Annual Convention Happiness and Well-Being Preconference.
- Mohideen, F.** & Heintzelman, S. J. (February, 2020). *Lay beliefs about meaning in life: Examinations across targets, time, and countries*. Poster presentation at the SPSP Annual Convention Happiness and Well-Being Preconference.
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### ***Awards & Honours***

- 2023 *Diversity Graduate Travel Award, Society for Personality & Social Psychology (\$500)*
- 2022 *Harold Siegel Award for Service, Department of Psychology, Rutgers University - Newark*
- 2021 *Researchers in the Global South Grants Program, Society for the Psychological Study of Social Issues (\$1000)*
- 2021 *Harold Siegel Award for Service, Department of Psychology, Rutgers University - Newark (award presented to the Diversity, Equity, & Inclusion Committee during year served as co-chair)*
- 2020 *Graduate Student Registration Award, Society for Personality & Social Psychology*
- 2020 *Outstanding Teaching Assistant Award, Department of Psychology, Rutgers University-Newark (\$100)*
- 2015 *General Proficiency Award, Department of Psychology, JBAS College for Women*
- 2014 *2<sup>nd</sup> place, National Young Psychologist Paper Presentation Competition, Christ University*
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### ***Selected Employment & Research Experience***

- 2022 – *Participant Pool Research Coordinator | Department of Psychology, Rutgers University – Newark*
- 2019 – *Graduate Researcher | Well-being Lab, Rutgers University - Newark  
Advisor: Dr. Samantha Heintzelman*
- 7/2018 – 4/2019 *Research Assistant | Positive Schooling Major Research Project, Christ (deemed to be University), Bengaluru  
PI: Dr. Aneesh Kumar*
- 2017 – 2018 *Assistant Professor | Department of Counselling Psychology, Madras School of Social Work, Chennai*
- 6/2016 – 7/2016 *Summer Research Intern | Center for Advanced Hindsight, Duke University, NC  
PI: Dr Dan Ariely, Mentors: Aaron Nichols, Conor Artman*
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## *Teaching*

### **Instructor**

Madras School of Social Work, Chennai

Graduate Level –

Research Methodology, 2018; Positive Psychology, 2018; Psychological Assessments, 2018; Psychopathology, 2017, 2018; Counselling Across Life Span, 2017; Counselling Children with Developmental Disorders, 2017

### **Lab Instructor**

Rutgers University – Newark

Pedagogical Skills for Undergraduate Teaching Assistants, Spring 2020, Fall 2021

### **Teaching Assistant**

Rutgers University – Newark

Psychology Research Methods, Fall 2019, Fall 2020, Spring 2022 (*Instructor: Christina Zambrano*)

Introduction to Psychology, Spring 2020 (*Instructor: Gretchen Van de Walle*)

### **Grader**

Rutgers University - Newark

Introduction to Psychology, Fall 2021 (*Instructor: Gretchen Van de Walle*)

Social Psychology, Fall 2020 (*Instructor: Samantha J Heintzelman*)

Cognitive Processes, Spring 2021 (*Instructor: Elizabeth Tricomi*)

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## *Mentorship*

Rutgers University – Newark:

*Psi Chi Mentor*

Kainaat Anwar (2019-20), Atiyah Hack-Russell (2020-present)

Madras School of Social Work:

*Master's Thesis Advisor*

Revaleena Rajeendran (2017-18), Jennifer Sannita Sujendran (2017-18), Swetha Srinivasan (2017-18), Pooja P Nichani (2017-18), Zuha Afshan (2017-18), Priyadarshini P (2017-18)

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## *Professional Service*

2022 - 2024

*SPSPotlight Co-editor (online newsletter)*, Graduate Student Committee, Society for Personality & Social Psychology

11/2022

*PhD Application SOP Reviewer*, SPSP Grad School Personal Statement Review Program

10/2022

*PhD Application SOP Reviewer*, Application Statement Feedback Program

1/2022

*Conference Submission Reviewer*, American Psychological Association Conference, Division 8, 2022

11/2020

*Graduate Student Poster Award Reviewer*, Society for Personality & Social Psychologists Annual Convention 2021

### **Editorial Board**

2022 –

*Emerging Editor Board*, Personality & Social Psychology Review

### **Ad Hoc Review**

Social and Personality Psychology Compass (with advisor)

### **University & Departmental Service**

Rutgers University – Newark:

- 2020 - present      *Diversity, Equity, & Inclusion Committee*, Dept of Psychology
- Co-founder & Co-Chair (2020 - 2021)
  - DEIC website development & content coordination; graduate climate survey development (2020 - present)
  - Panel Organizer: Early Career Panel on Social Issues & Disparities, PhD Careers in STEM Panel, UG Psychology Career Panel
  - Coordinator: Job candidate talks and graduate student roundtable for developmental area search (2021)
- 2020 – present      Department colloquium organiser
- 11/2021              Panelist, Graduate Student Panel organised by Psi Chi

JBAS College for Women, Chennai:

- 2014 - 2015      *Literary and Debating Secretary*, Students' Council
- 2013 - 2015      *Editor*, Livewire (online campus newsletter)
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### ***Formal Statistical Training***

- 2/2020              Experience Sampling Method & Implementation, Deep Dive Workshop at Society for Personality & Social Psychology Annual Conference, New Orleans
- 3/2018              *R Programming: A Statistical Tool* - two day workshop by the Department of Management Studies, University of Madras, Chennai
- 11/2017              *Research Methodology, Statistical Data Analysis and Interpretation using SPSS* - three-day national workshop by the Institute for Statistics and Analytical Research, Chennai
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### ***Affiliations***

American Psychological Association  
Society for Personality and Social Psychology  
Psi Chi, The International Honor Society in Psychology  
Society for the Psychological Study of Social Issues