

Samantha J. Heintzelman

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101 Warren Street, Newark, NJ 07102

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EDUCATION AND PROFESSIONAL EXPERIENCE

- 2018 – present Assistant Professor, Psychology
Rutgers University, Newark, NJ
- 2015 – 2018 Post-doctoral Research Associate
University of Virginia, Charlottesville, VA
Advisors: Ed Diener & Shigehiro Oishi
- 2015 Ph.D., Social and Personality Psychology
University of Missouri, Columbia, MO
Dissertation: *The motivational primacy of environmental coherence: Self-derogation and the experience of meaning in life*
Advisor: Laura A. King
- 2012 M.A., Social and Personality Psychology
University of Missouri, Columbia, MO
- 2009-2010 Psychology Department Coordinator
College of Saint Benedict and Saint John's University
- 2009 B.A., Psychology
College of Saint Benedict, St. Joseph, MN
Summa cum Laude, Distinction in Psychology

ACADEMIC HONORS & AWARDS

- Society of Personality and Social Psychology Student Publication Award, 2015
Donald K. Anderson Graduate Research Award, University of Missouri, 2015
Minnesota Psychological Association's Donald G. Paterson Undergraduate Award in
Psychology/Outstanding Senior Undergraduate Student, 2009
Summa cum Laude, College of Saint Benedict, 2009
Distinction in Psychology, College of Saint Benedict, 2009
Delta Epsilon Sigma National Scholastic Honor Society, 2008
President's Scholarship, College of Saint Benedict, 2005-2009
Red River Valley Scholarship, 2007-2009
Alliss Scholarship, 2006-2007
Dean's List, College of Saint Benedict, 2005-2009

GRANTS AND AWARDS

- 2019-2021 Initiative for Multidisciplinary Research Teams Grant, Rutgers—Newark, Role: Co-Investigator. “Negative Affect Mechanisms Underlying Opioid Use in Lab and Daily Life, PI: Mauricio Delgado
- 2018-2019 Rutgers University Open and Affordable Textbook Grant, Role: PI
An Initiative to Create Online Course Materials for Social Psychology
Total Award: \$1,000
- 2015 University of Missouri Psychological Sciences Graduate Fund for Dissertation Research
- 2013-2015 Research Assistantship. National Science Foundation Research Grant, “The Function of Meaning,” PI: Laura A. King
- 2011-2013 Research Assistantship. National Science Foundation Research on Gender in Science and Engineering Grant, “Going against the grain: Intuitive information processing,” PI: Laura A. King
- 2013 University of Missouri Graduate Professional Council Travel Fund
- 2013 University of Missouri Psychological Sciences Travel Fund
- 2012 University of Missouri Psychological Sciences Graduate Fund for Thesis Research
- 2011 University of Missouri Psychology Summer Fellowship

PUBLICATIONS

- Womick, J., Ward, S. J., **Heintzelman, S. J.**, Woody, B., & King, L. A. (*in press*). The existential function of right-wing authoritarianism. *Journal of Personality*.
- Heintzelman, S. J.**, & King, L. A. (2019). Routines and meaning in life. *Personality and Social Psychology Bulletin*, *45*, 688-699.
- Heintzelman, S. J.**, & Diener, E. (2019). Subjective well-being, social interpretation, and relationship thriving. *Journal of Research in Personality*, *78*, 93-105.
- Kushlev, K., **Heintzelman, S. J.**, Oishi, S., & Diener, E. (2018). The declining marginal utility of social time for subjective well-being. *Journal of Research in Personality*, *74*, 124-140.
- Kushlev, K., & **Heintzelman, S. J.** (2018). Put the phone down: Testing a complement–interfere model of computer-mediated communication in the context of face-to-face interactions. *Social Psychological and Personality Science*, *9*, 702-710.
- Heintzelman, S. J.** (2018). Meaning in life in context. In J. Maddux (Ed.) *Subjective Well-Being and Life Satisfaction* (pp. 293-310). New York: Routledge.
- Heintzelman, S. J.** (2018). Eudaimonia in the contemporary science of subjective well-being: Psychological well-being, self-determination, and meaning in life. In E. Diener, S. Oishi, & L. Tay (Eds.), *Handbook of Well-Being*. Noba Scholar Handbook series: Subjective well-being. Salt Lake City, UT: DEF publishers.

- Heintzelman, S. J.,** & Tay, L. (2018). Subjective well-being: Payoffs of being happy and ways to promote happiness. In D. Dunn (Ed.) *Frontiers of Social Psychology: Positive Psychology* (pp. 9-28). New York: Routledge.
- Oishi, S., & **Heintzelman, S. J.** (2018). Individual and societal well-being. In K. Deaux and M. Snyder (Eds.) *The Oxford Handbook of Personality and Social Psychology*. Oxford University Press.
- *Kushlev, K., ***Heintzelman, S. J.**, Lutes, L. D., Wirtz, D., Oishi, S., & Diener, E. (2017). ENHANCE: Design and rationale of a randomized controlled trial for promoting happiness. *Contemporary Clinical Trials, 52*, 62-74.
*Co-first authors
- Diener, E., **Heintzelman, S. J.**, Kushlev, K., Tay, L., Wirtz, D., Lutes, L. D., Oishi, S. (2017). Findings all psychologists should know from the new science on subjective well-being. *Canadian Psychology/Psychologie Canadienne, 58*, 87-104.
- Buttrick, N. R., **Heintzelman, S. J.**, & Oishi, S. (2017). Inequality and well-being. *Current Opinion in Psychology, 18*, 15-20.
- Heintzelman, S. J.** (2017). King, Laura A. In V. Zeigler-Hill and T. K. Shakelford (Eds.) *Encyclopedia of Personality and Individual Differences*. Springer, Cham.
- Heintzelman, S. J.**, & King, L. A. (2016). Meaning in life and intuition. *Journal of Personality and Social Psychology, 110*, 477-492.
- King, L. A., **Heintzelman, S. J.**, & Ward, S. J. (2016). Beyond the search for meaning: The Contemporary Science of Meaning in Life. *Current Directions in Psychological Science, 25*, 211-216.
- Heintzelman, S. J.**, Trent, J., & King, L. A. (2016). How would the self be remembered? Evidence for posthumous self-verification. *Journal of Research in Personality, 61*, 1-10.
- Fleming, K. A., **Heintzelman, S. J.**, & Bartholow, B. D. (2016). Specifying associations between conscientiousness and executive control: Attention shifting, not inhibition or working memory updating. *Journal of Personality, 84*, 348-360.
- Heintzelman, S. J.**, & King, L. A. (2015). Self-reports of meaning in life matter. *American Psychologist, 70*, 575-576.
- Heintzelman, S. J.**, Trent, J., & King, L. A. (2015). Revisiting desirable response bias in well-being reports. *Journal of Positive Psychology, 10*, 167-178.
- Heintzelman, S. J.**, & Bacon, P. L. (2015). Relational self-construal moderates the effect of social support on life satisfaction. *Personality and Individual Differences, 73*, 72-77
- Heintzelman, S. J.**, & King, L. A. (2014). Life is pretty meaningful. *American Psychologist, 69*, 561-574.

- Heintzelman, S. J.,** & King, L. A. (2014). (The feeling of) meaning-as-information. *Personality and Social Psychology Review, 18*, 153-167.
*Society for Personality and Social Psychology Student Publication Award, 2015
- Heintzelman, S. J.,** Trent, J., & King, L. A. (2013). Encounters with objective coherence and the experience of meaning in life. *Psychological Science, 24*, 991-998
- Heintzelman, S. J.,** & King, L. A. (2013). On knowing more than we can tell: Intuitive processes and the experience of meaning. *Journal of Positive Psychology, 6*, 471-482.
- Heintzelman, S. J.,** Christopher, J., Trent, J., & King, L. A. (2013). Counterfactual thinking about one's birth enhances well-being judgments. *Journal of Positive Psychology, 8*, 44-49.
- Heintzelman, S. J.,** & King, L. A. (2013). The origins of meaning: Objective reality, the unconscious mind and awareness. In J.A. Hicks and C. Routledge (Eds.) *The Experience of Meaning in Life: Classical Perspectives, Emerging Themes, and Controversies* (pp. 87-99). New York: Springer Press.
- Burton, C. M., **Heintzelman, S. J.,** & King, L. A. (2013). A place for individual differences in what everyone knows about what everyone does: Positive affect, cognitive processes, and Cognitive Experiential Self Theory. *Social and Personality Psychology Compass, 7*, 749-761.
- Heintzelman, S. J.,** & King, L. A. (2011). The local baby and the global bathwater: Circumscribed goals for the future of the multilevel personality in context model. *Psychological Inquiry, 22*, 23-25.

CONFERENCE PRESENTATIONS & INVITED TALKS

- Heintzelman, S. J.** (June, 2019). *Leveraging the Science of Meaning in Life*. Invited talk at the New Directions in Leadership Research Conference, Durham, NC.
- Heintzelman, S. J.** (April, 2019). *Meaning in everyday life*. Invited talk at The Meaning of Life Conference: An Interdisciplinary Conference on the Meaning of Life, Cambridge, MA.
- Buttrick, N., **Heintzelman, S. J.,** Weser, V. U., Diener, E., Oishi, S. (May 2018). *Higher population density and lower meaning in life*. Presented at a Symposium entitled "The Psychology of Place and Home." Laura A. King & Milla Titova, Co-chairs. The Association for Psychological Science Convention. San Francisco, CA.
- Kushlev, K., **Heintzelman, S. J.,** Kanippayoor J. M., Leitner, D. S. J., Lutes, L. D., Wirtz, D. Oishi, S., & Diener, E. (April, 2018). *Delivering happiness online: A randomized controlled trial of a web platform for increasing subjective well-being*. Invited talk at the American Psychological Association's Conference on Technology, Mind & Society, Washington, DC.
- Heintzelman, S. J.** (March, 2018). *ENHANCE: Evidence for the efficacy of a comprehensive intervention program to promote durable changes in subjective well-being*. Invited talk at the Happiness and Well-Being Preconference, Atlanta, GA.

- Heintzelman, S. J.** (April, 2017). *Unique Predictors of Meaning in Life*. Invited talk at the Future of Well-Being Research Summit. Salt Lake City, UT.
- Heintzelman, S. J., & Kushlev, K.** (April 2017). *ENHANCE-ing Happiness: Randomized Controlled Trials*. Invited talk at the Future of Well-Being Research Summit. Salt Lake City, UT.
- Heintzelman, S. J.** (August, 2016). *The Science of Happiness: Skills for Cultivating Happiness*. Invited Colloquium. UVA Physicians Group. University of Virginia.
- Heintzelman, S. J., & Kushlev, K.** (July, 2016). *The Science of Happiness: Skills for Cultivating Happiness*. Invited Colloquium. Faculty and Employee Assistance Program. University of Virginia.
- Heintzelman, S. J., & King, L. A.** (May, 2016). *Routines as sources of meaning in life*. Presented at a Symposium entitled “Finding Happiness: Surprising Sources of Meaning and Well-being.” Matthew Killingsworth & Juliana Schroeder, Co-chairs. The Association for Psychological Science Convention. Chicago, IL.
- Heintzelman, S. J., & King, L. A.** (August, 2015). *The presence of environmental coherence fosters feelings of meaning in life*. Presented at a Symposium entitled “Advances in Conceptualizing Meaning in Life.” Login George, Chair. The American Psychological Association Convention. Toronto, ON, Canada.
- Heintzelman, S. J., & King, L.A.** (July, 2015). *Habits and routines as sources of meaning in life*. Invited talk at the Interdisciplinary Conference on Advances in the Science of Habits. Catalina Island, CA.
- Heintzelman, S. J., & King, L. A.** (February, 2015). *Mundane contributors to meaning in life*. Presented at a Symposium entitled “The Meaning of life: Empirically assessing self-actualization, well-being and satisfaction.” Douglas Kenrick, Jamie Krems, & Becca Neel, Co-chairs. The sixteenth annual Society for Personality and Social Psychology Convention. Long Beach, CA.
- Heintzelman, S. J., & King, L. A.** (May, 2014). *Coherence in negative experiences sustains meaning in life*. Paper presented at the eighty-sixth annual meeting for the Midwestern Psychological Association. Chicago, IL.
- Heintzelman, S. J.** (March, 2014). *Exploring the role of environmental coherence in the experience of meaning*. Invited webinar presentation to the Masters of Applied Positive Psychology continuing education program. University of Pennsylvania.
- King, L. A., & **Heintzelman, S. J.** (January, 2013). Why do we need meaning? Presented at a Symposium entitled “A happy and a meaningful life: Cutting edge research on two of humankind’s most cherished goals.” Kathleen Vohs, Chair. The fourteenth annual Society for Personality and Social Psychology Convention. New Orleans, LA.
- Heintzelman, S. J.** (April, 2009) *Relational self-concept as a moderator between perceived social support and outcome variables*. Paper presented at the forty-fourth annual Minnesota Undergraduate Psychology conference, Saint Joseph, MN.

Heintzelman, S. J. (April, 2009) *Relational self-concept as a moderator between perceived social support and outcome variables*. Paper presented at the ninth annual College of Saint Benedict and Saint John's University Scholarship and Creativity Day, Collegeville, MN.

POSTER PRESENTATIONS

Underlining denotes undergraduate mentee.

Ciszewski, S., Lutes, L., Kushlev, K., **Heintzelman, S. J.**, Kanippayoor, J. M., Leitner, D., Wirtz, D., Oishi, S., & Diener, E. (April, 2017). *ENHANCE: A preliminary examination of physiological outcome data following a 12-week well-being intervention*. Poster presentation at the 5th Canadian Obesity Summit. Banff, Alberta.

Lutes, L. D., Wirtz, D., Chrusch, C., Kanippayoor, J. M., Leitner, D., **Heintzelman, S. J.**, Kushlev, K., Oishi, S., & Diener, E. (May, 2016). *ENHANCE: Enduring Happiness and Continued Self-Enhancement: Design and rationale of a randomized clinical trial*. Poster presentation at the International Behavioral Trials Network Conference, Montreal, QC, Canada.

Heintzelman, S. J., & King, L. A. (January, 2016). *Finding meaning in routine experiences*. Poster presentation at the seventeenth annual meeting for the Society of Personality and Social Psychology, San Diego, CA.

Fleming, K. A., **Heintzelman, S. J.**, & Bartholow, B. D. (February, 2015). *Specifying associations between conscientiousness and executive control: Attention shifting, not inhibition or working memory updating*. Poster presentation at the sixteenth annual meeting for the Society for Personality and Social Psychology, Long Beach, CA.

Heintzelman, S. J., & King, L. A. (February, 2014). *Routines and habits (even bad ones) relate positively to meaning in life*. Poster presentation at the fifteenth annual meeting for the Society for Personality and Social Psychology, Austin, TX.

Heintzelman, S. J., & King, L. A. (February, 2014). *Associative cues and routines foster the experience of meaning in life*. Poster presentation at the Happiness and Well-Being Preconference, Austin, TX.

Harbin, R., **Heintzelman, S. J.**, & King, L. A. (May, 2013). *Finding meaning in the margins: Incidental exposure to pattern and its effect on meaning in life*. Poster presentation at the eighty-fifth annual meeting of the Midwestern Psychological Association, Chicago, IL.

Harbin, R., **Heintzelman, S. J.**, & King, L. A. (May, 2013). *Finding meaning in the margins: Incidental exposure to pattern and its effect on meaning in life*. Poster presentation at the sixth annual University of Missouri Psychology Day, Columbia, MO.

Heintzelman, S. J., & King, L. A. (January, 2013). *Daily meaning in life varies with the weather*. Poster presentation at the fourteenth annual meeting for the Society for Personality and Social Psychology, New Orleans, LA.

Heintzelman, S. J., & King, L. A. (July, 2012). *Daily meaning in life varies with the weather*. Poster presentation at the seventh biennial International Meaning Conference, Toronto, ON, Canada.

Mitchell, G. L., & Heintzelman, S. J. (May, 2012). *The cognitive consequences of positive affect: The moderating effects of intuition*. Poster presentation at the eighty-fourth annual meeting of the Midwestern Psychological Association, Chicago, IL.

Mitchell, G. L.*, & **Heintzelman, S. J.** (April, 2012). *The cognitive consequences of positive affect: The moderating effects of intuition*. Poster presentation at the fifth annual University of Missouri Psychology Day, Columbia, MO.

*Undergraduate mentee awarded poster prize for presentation

Heintzelman, S. J., & King, L. A. (January, 2012). *Going against the grain: Intuitive information processing, positive affect, and the meaning of success*. Poster presentation at the thirteenth annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Coker, T., & Heintzelman, S. J. (May, 2011). *Actual and imagined realities*. Poster presentation at the eighty-third annual meeting of the Midwestern Psychological Association, Chicago, IL.

Heintzelman, S. J., & Bacon, P. L. (January, 2010). *Relational self-construal as a moderator between perceived social support and distress and life satisfaction*. Poster presentation at the eleventh annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

Heintzelman, S. J. (April, 2009) *Relational self-concept as a moderator between perceived social support and outcome variables*. Invited poster presentation at the seventy-third annual Minnesota Psychological Association convention, Plymouth, MN.

Engdahl, M., **Heintzelman, S. J.**, & Pena, M. (April, 2008). *Beliefs about intelligence and well-being*. Poster presentation at the forty-third annual Minnesota Undergraduate Psychology Conference, St. Paul, MN.

Christianson, M., Engdahl, M., **Heintzelman, S. J.**, Ley, H. & Pena, M. (April, 2008). *Beliefs about intelligence and well-being*. Poster presentation at the eighth annual College of Saint Benedict and St. John's University Scholarship and Creativity Day, Collegeville, MN.

FORMAL STATISTICAL TRAINING

Foundations of Meta-Analysis, Texas Tech University Institute for Measurement, Methodology, Analysis & Policy, Stats Camp, Summer 2014

Successful Data Mining in Practice, American Statistical Association Continuing Education Program, Short Course, 2013

General Linear Models I & II

Data Management and Analysis in Psychology

Latent Variable Models in Statistical Analysis

Multilevel Modeling

Multivariate Statistics

Repeated Measures Modeling

TEACHING

Instructor

Rutgers University—Newark
Social Psychology, Spring 2019, Fall 2019

College of Saint Benedict/Saint John's University
Teaching Practicum Seminar, Fall 2009-Spring 2010
GRE Preparatory Course, Spring 2010
Introductory Psychology Laboratory, Spring 2009

Course Consultant

Subjective Well-Being, University of Virginia, Spring 2016, Spring 2018, Instructor: Ed Diener

Guest Lecturer

Subjective Well-Being, University of Virginia, Instructor: Ed Diener, 2016, 2018
Topics: Practicing Happiness; The Science of Meaning in Life; Positive Interventions
Positive Psychology, University of Missouri, Instructor: Kennon Sheldon, 2014, 2015
Topic: The Science of Meaning in Life
Social Psychology, University of Missouri, Instructor: Laura Scherer, 2013
Topic: Conflict and Peacemaking

Teaching Assistant

University of Missouri
Social Psychology, Spring 2013, Instructor: Laura Scherer
General Psychology, Spring 2013, Instructor: Roxana Carlo
Human Sexuality, Fall 2010, Instructor: Melanie Sheldon

MENTORSHIP

Graduate Adviser

Fahima Mohideen, 2019-

Undergraduate Honors Project Adviser

Rutgers University—Newark
Kainaat Anwar, 2019-2020

Summer Undergraduate Research Fellowship Mentor

Rutgers University—Newark, SASN
Kainaat Anwar, 2019

University of Missouri

Brendon Woody, 2014-2015; Kelsey Clark, 2014-2015; Lydia Emge, 2013-2014; Robert Harbin, 2012-2013; Gerald Mitchell, 2011-2012; Tamara Coker, 2010-2011

Undergraduate Honors Project Reader

Rutgers University—Newark
Christine Nazaire, 2018-2019

PROFESSIONAL SERVICE

Editorial Board

Perspectives on Psychological Science, 2019-
 Journal of Research in Personality, 2018-
 Frontiers in Psychology, Personality and Social Psychology, 2018-
 Review of General Psychology, 2017-

Ad Hoc Reviewer (Journals Listed in Alphabetical Order)

British Journal of Social Psychology; Cognitive Therapy and Research; Collabra: Psychology;
 Comprehensive Results in Social Psychology; Current Psychology; Developmental Psychology;
 Emotion; European Journal of Social Psychology; International Journal of Well-Being; Journal of
 Behavioral Medicine; Journal of Cross-Cultural Psychology; Journal of Economic Psychology;
 Journal of Experimental Social Psychology; Journal of Happiness Studies; Journal of Personality;
 Journal of Personality and Social Psychology: Personality Processes and Individual Differences;
 Journal of Positive Psychology; Journal of Research in Personality; Journal of Social and Personal
 Relationships; Journal of Well-Being Assessment; Motivation and Emotion; Nature
 Communications; Nature Human Behavior; Personality and Social Psychology Bulletin; Proceedings
 of the National Academy of Sciences; Psychological Science; Quality of Life Research; Research on
 Aging; Review of General Psychology; Royal Society Open Science; Self and Identity; Social and
 Personality Psychology Compass; Social Cognition; Social Science Research; The International
 Journal for the Psychology of Religion; YOUNG Nordic Journal of Youth Research

Conference Organizer, Happiness and Well-Being Preconference 2020-2021

Conference Submission Reviewer, Happiness and Well-Being Preconference, 2019

UNIVERSITY AND DEPARTMENTAL SERVICE

Rutgers University—Newark

Graduate Executive Committee, Department of Psychology, 2019-

R-Points Committee, Department of Psychology, 2019-

Post-Doctoral Fellow Search Committee, Department of Psychology, 2019

Social Psychology Journal Club Organizer, Department of Psychology, 2019-

University of Missouri

Student Representative, Social/Personality Area Training Committee, 2012-2013

Social Chair, Graduate Association of Students in Psychology, 2011-2012

PROFESSIONAL AFFILIATIONS

Society for Personality and Social Psychology

Association for Psychological Science

Midwestern Psychological Association